

TREATMENT OF A NON HEALING SACRAL WOUND WITH THE EXSUDEX SYSTEM OF WOUND DRAINAGE

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History

The patient was admitted to Southport District General Hospital for routine bowel surgery. Following surgery a wound formed just above the anus with a sinus tract at the top end of the wound. A reversible colostomy was performed to try and give the wound chance to heal. This proved unsuccessful due to fluid leakage from the anus causing colonisation of the wound



Treatment

The wound was decolonised using topical antimicrobials but was still proving difficult to heal.

Exsudex system of wound drainage

The wound bed was treated with the Exsudex system to help remove the exudate, promote vascularisation and granulation for a period of 4 weeks. Granulation and healing occurred rapidly. The patient has been referred back to hospital for reversal of the temporary colostomy.

Discussion

The Exsudex system of wound drainage uses gauze as its dressing as per the paper published in 1989 by Chariker and Jeter et al describing their experience with closed suction wound drainage in the treatment of Incisional and Cutaneous fistulae

Conclusion

The use of gauze as a dressing in the Exsudex system of wound drainage caused no ill effects and proved easy to use in a difficult to dress area